

Northern Area Midwifery Group Practice

Mondays and Fridays

The Northern Area Midwifery Group Practice supports pregnant mothers registered for maternity services via the Lyell McEwin Hospital. The program supports continuity of care and support for mothers during their pregnancy.

FUN WITH FRIENDS

free group activities

Would you like your child to make some new friends? And maybe you will too. Join us fortnightly on **Monday mornings from 9-11am**. Dates that this program will run:

11/10/21
25/10/21
8/11/21
22/11/21

Hosted by Nieske, in the Keithcot Farm Children's Centre. This is a great way for you and your child to play and explore together.

PLAY IN THE PARK

Come and join either our Speech Pathologist or Occupational Therapist at 5 different playgrounds in and around your local area from 9:30 until 11am

Thur 21st Oct @ Hope Valley

Wed 3rd Nov @ Wynn Vale

Thur 11th Nov @ Civic park

Wed 17th Nov @ Goldenfield's

Fri the 26th Nov @ Illaryie reserve

Please contact the centre on 82512700 or email nathan.mcguinness3@sa.gov.au to confirm your bookings

FIRST AID INFO EVENING

Has it been some time since you or your parents have done first aid?

Then come along on the 23rd of November from 6:30pm and participate in a session facilitated by Heather Palmer.

The session will cover

Allergies, bandaging, bites, burns, head injuries, rashes, respiratory management

Bookings are essential please contact the centre on 8251 2700 to book your spot

IMPORTANT DATES IN TERM 4

CAFHS four year old health checks will be on Thursday the 21st of October
BOOKINGS ARE ESSENTIAL

PRE SCHOOL INFORMATION SESSIONS

Will be held on Wednesday the 3rd of November and the 10th of November from 6:00pm at Keithcot Farm Children's Centre Creche will be provided

ANNUAL GENERAL MEETING

Will be held on Monday the 6th of December at 6:30pm

CLOSING AND REOPENING DATES

CENTRE CLOSES DURING THE HOLIDAYS FOR 3 WEEKS FROM FRIDAY THE 10th OF DECEMBER at 12:30pm AND THEN REOPENING ON THE 3rd OF JANUARY 2022

PRESCHOOL RECOMMENCES ON THE 31ST OF JANUARY 2022

Allied Health (OT and Speech) drop in and chat.

Do you have any concerns about your child's development? Is your child under school age? Are you: looking for advice, support in accessing services, currently waiting on services.

Contact the centre to book a **free drop in and chat appointment for Thursday's on 8251-2700**

BEING WITH BABY

This free program is for parents and their babies.

This small group program will provide opportunity for social connection and will also provide information on topics such as play, attachment, feeding and child development.

Suitable for parents with babies 0-12 months.

Facilitated by Sarah (Occupational Therapist) and Tamara (Speech Pathologist)

Thursdays, 1pm until 2:30pm
From the 14th of October

**BOOKINGS ARE ESSENTIAL
AS PLACES ARE LIMITED
Call 8251 2700**



Infant Massage

Learn how to use touch and massage to support your baby's development
Mel is a qualified cue based infant massage and parent education facilitator.

This 5 week program will run from 10am until 11:30am every Friday from the 5th of November until the 6th of December.

Bookings are essential as places are limited to book contact the centre on 8251 2700



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