

## PLAY IN THE PARK

Come and join our Occupational Therapist at 5 different playgrounds in and around your local area, please note that day and times change to try to accommodate all families.

### Locations:

**Tuesday 3rd of May Golden Fields,  
Golden Grove 9:30-11:30am**

**Wednesday the 18th of May,  
Wynn Vale Dam, Wynn Vale  
1pm-2:30pm**

**Wednesday the 8th of June  
Illyarie reserve, Surrey Downs  
1pm-2:30pm**

**Tuesday the 28th of June  
Civic Park, Modbury 9:30-11:30am**

**Wednesday the 6th of July  
Carisbrooke Park 9:30-11:30am**

Please contact Nathan via email  
[nathan.mcguinness3@sa.gov.au](mailto:nathan.mcguinness3@sa.gov.au)  
to express your interest

## BEING WITH BABY

This free 7 week program is for parents and their babies.

This small group program will provide opportunity for social connection and will also provide information on topics such as play, attachment, feeding and child development.

**This group is best suited for  
parents with babies  
0-12 months.**

Facilitated by Sarah Harry  
(Occupational Therapist)

**Tuesday mornings in the  
community room at Keithcot  
Farm Children's Centre  
10am until 11:30am**

**From the 10th of May until the  
21st of June**

**BOOKINGS ARE ESSENTIAL  
AS PLACES ARE LIMITED  
Please email  
[nathan.mcguinness3@sa.gov.au](mailto:nathan.mcguinness3@sa.gov.au)**

## Allied Health

### drop in and chat.

**Do you have any concerns about  
your child's development?  
Is your child under school age?  
Are you: looking for advice,  
support in accessing  
services, or are you currently  
waiting on services.**

**Contact the centre to book a free  
drop in and chat appointment  
on 8251-2700**

### FIRST AID INFO EVENING

**Has it been some time since  
you or your parents have  
done first aid?**

**Then come along to a free  
information session on the  
8th of June from 6:30pm  
and participate in a session  
facilitated by Heather Palmer.**

The session will cover:

Allergies, bandaging, bites,  
burns, head injuries, rashes,  
respiratory management

**Bookings are essential  
please email:  
[nathan.mcguinness3@sa.gov.au](mailto:nathan.mcguinness3@sa.gov.au)**

## Getting ready for mealtimes

Are meal times stressful for your  
child and your family?

Is your child a fussy eater?

Would you like to know how to  
encourage your child to try new  
foods?

Come along to our free infor-  
mation session which will explore  
reasons why children can be  
"fussy" and we will provide you  
with practical strategies to help  
you establish more positive meal  
experiences for your family.

This session is aimed for parents  
with children aged 12 months to  
early primary school.

Creche will be available, bookings  
are essential. Creche from 9:30am

Thursday the 12th of May  
10:00 to 11:30

Jubilee Community Centre

To book please go to:

[https://www.eventbrite.com.au/e/  
getting-ready-for-mealtimes-for-  
toddlers-free-seminar-tickets-  
318629508437](https://www.eventbrite.com.au/e/getting-ready-for-mealtimes-for-toddlers-free-seminar-tickets-318629508437)



## Infant Massage

Learn how to use touch and  
massage to support your baby's  
development  
Mel is a qualified cue based infant  
massage and parent education  
facilitator.

This 5 week program will run from  
10am until 11:30am every Friday  
from the 5th of November until  
the 6th of December.

**Bookings are essential as places  
are limited to book contact the  
centre on 8251 2700**



[https://www.facebook.com/  
keithcotfarmchildrenscentre](https://www.facebook.com/keithcotfarmchildrenscentre)