



Parafield Gardens Children's Centre

for Early Childhood
Development and Parenting



Government
of South Australia
9 Casuarina Drive
Parafield Gardens 5107
Ph: 8258 3659

Email: dl.2654.leaders@schools.sa.edu.au

Website: <http://www.parafieldgardenscc.sa.edu.au>

Term 2 Program 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Preschool / Kindy Program 8:00am - 2:45/3:00pm	Preschool / Kindy Program 8:00am - 2:45/3:00pm	Preschool / Kindy Program 8:00am - 2:45/3:00pm	Preschool / Kindy Program 8:00am - 2:45/3:00pm	Preschool / Kindy Program *once per term	Novita Dads Playgroup 10am – 12.00pm
Occasional Care AM: 8:30 - 11:15 PM: 12:00 - 2:45	Occasional Care AM: 8:30 - 11:15 PM: 12:00 - 2:45			Occasional Care AM: 8:30 - 11:15 *NO AFTERNOON	 <p>Kids, Blokes & Dad Jokes A fun and free group for Kids & their blokes 10:00-12:00pm</p> <p>May 1st, 8th, 15th, 22nd, 29th</p> <p>June 5th, 12th, 19th, 26th</p> <p>July 3rd</p> <p>All families & children are welcome</p> <p>For more information, please contact Andrew Mob. 0431 329 741</p>
Over 2 years old Child needs to be enrolled and booked in advance. Contact the centre for details.	Over 2 years old Child needs to be enrolled and booked in advance. Contact the centre for details.			3months - 4yrs of age. Child needs to be enrolled and booked in advance. Contact the centre for details.	
Early Explorers (6mths - 2years) 10.00 - 10.45am	English Class 9:30am - 11:30am	Babies' Playgroup (0 - 6mths) 9.30am - 10.15am	My Child & Me Workshops 9:30-11:30am	WE ARE ON FACEBOOK! To keep up to date with what's on at the Children's Centre, please follow us on facebook at Parafield Gardens Children's Centre	
Explore play, movement and different senses with your child in indoor and outdoor environments. FREE Children 6mth – 2yrs Starting 10 May FORTNIGHTLY Bookings Call (08) 8258 3659	Everyday English Session and Cultural Conversations Starting 27 April Crèche is available. Bookings essential with Ina via ph. (08) 8406 8484 or call reception on ph. (08) 8258 3659.	Exploring your baby's interests through music, songs, and play whilst connecting with other families (pre-movers) FREE Children 0 - 6mths Starting 5 May FORTNIGHTLY Bookings Call (08) 8258 3659	A FREE 3 parenting series of workshops helping parents and carers to build an understanding of their child 3-12 years and their healthy development. Starting 29 April Crèche is available. Bookings essential Call (08) 8258 3659		
Early Parenting Program (CaFHS) 1.00pm - 3.00pm	Can:Do 4Kids 'Play to Grow' 12.30 - 2.00pm	Novita Community Playgroup 12:30pm - 2:00pm	Toolbox Parenting 9.30 - 11.30am	MyTime 12:30-2:30pm	
5 week program for first time parents/ caregivers Starting 17 May Call Child and Family Health Service 1300 733 606 for bookings.	A small group parent & child program for children under 5 years of age with a developmental delay in areas such as speech, language, play, social development Starting 27 April ph. (08) 8100 8264.	A weekly supported playgroup for children and families to learn and develop together. ALL WELCOME Starting 28 April Book with Briony at ph. 0414 880 688	Toolbox Parenting course 0-4 years. FREE 6 week course. Participants that complete the course will receive a Coles/ Myer gift card. Starting 20 May Crèche is available. Book with Briony at ph. 0414 880 688	Supports parents and carers of children with disability, development delay or chronic medical condition. Starting 30 April Crèche is available. Book with Silvana ph. (08) 8159 9487	
Pregnancy GP Shared Care Clinic	Northern Area Midwifery Group Practice	Helpful Numbers	Circle of Security (COS) 1.00 – 2.30pm	Child & Family Health Service (CaFHS)	Women's Information Service (WIS)
Weekly conducted by Siobhan Lucas, Antenatal Share care Midwife Consultant from LMH. Call 8182 9000 for further information.	NAMGP offering one to one midwifery care and birthing options for all women. Contact Jo Clarke at ph. (08) 8182 9000 for further information Mon, Wed & Friday	Parent Helpline SA 1300 364 100 1800RESPECT 1800 737 732 Mensline 1300 78 99 78 Kids Helpline 1800 551 800 Lifeline 13 11 14	COS is designed to help parents and carers understand their own and their child's emotional needs and learn how secure parent-child relationships can be supported and strengthened. Starting 6 May Crèche is available. Book with Lesley at ph. 0409631775	CaFHS provides free health checks for children at key developmental ages between birth & 6yrs. Call 1300 733 606 to make appointment.	Women's Information Service provides information and/or refers the right services to SA women. ph. (08) 8303 0590 or 1800 188 158



What's on Term 2 - 2021

Preschool/ Kindergarten: is for children who turn 4 years old on or before 30 April. Children with ATSI background and Guardianship of Minister can attend from 3 years old. For enquiries, please contact the centre on **ph. 8258 3659**

Occasional Care: 2.45 hours of care for children whose parents/carers need to attend appointments, meetings or just to have a break. Children need to be enrolled and bookings are essential. \$5.00 fee per session or \$1.50 if you have a Health Care Card or Concession Card. For bookings or enquiries, please contact the centre in **ph. 8258 3659**.

Early Explorers: provides a safe and happy place for children to explore play, move and experience different senses with caregiver support, and connect with other children and families. **Children 6mths – 2yrs.** Starting 10th May
Bookings **Call (08) 8258 3659**

Early Parenting Group: Child and Family Health Service (CaHFS) provides parents with support, health education and guidance about key health and developmental issues as becoming a parent and caring for a new baby can be a wonderful experience and, at times, it can be daunting and overwhelming. Come and meet other parents with your newborn babies (up to around 6 months old) in an informal group setting. **Call 1300 733 606** for bookings.

English Classes: everyday English Session and Cultural Conversations. Crèche is available. Bookings essential with Ina via (08) 8406 8484 or call reception at **ph. (08) 8258 3659**.

Baby Playgroup: provides a great space for parents to connect and share their experiences whilst exploring their baby's interests through music, songs & other activities. This playgroup welcomes any family with baby's who are pre-movers (0-6mths). **Bookings Call (08) 8258 3659**

Novita Community Playgroup: a FREE weekly supported playgroup for children and families to learn and grow together. All families are welcome. For further information or to book, please contact Briony **ph. 0414 880 688**.

My Child and Me: is a FREE workshop that supports parents and carers build an understanding of their child and healthy development. The workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations. **Call 0409631775** or **(08) 8258 3659** for bookings.

Toolbox Parenting: is a six-week parenting program for parents and caregivers of children 0-4 years of age. Participants that complete the course will receive a Coles/Myer gift card. Creche available. For further information or to book, please contact Briony **ph. 0414 880 688**.

Circle of Security: an 8-week relationship based parenting program based on over 50 years of attachment research. Come and connect with other parents, learn how to enhance your relationship with your child and support their emotional development and self-esteem. Bookings for this group are essential. **Call (08) 8258 3659** for bookings

MyTime: is a program to support parents and carers of children aged 0-18 years of age with disability, development delay or chronic medical condition. Book with Silvana Zotti at **ph. (08) 8159 9487**.

Kids Blokes and Dad Jokes: Whether you're a dad, step-dad, grandfather, uncle, big brother, cousin or mentor this group is all about providing these significant men with the connections, friendships, and supports to navigate both the rewarding and challenging world of parenting for men. Kids Blokes and Dad Jokes meets each Saturday morning of the school terms and is located at the Parafield Gardens Children's Centre. All welcome!
Please contact on **0431 329 714** or Andrew.Day@novita.com.au.

GP Shared Care: is an arrangement between a birthing hospital or other birth setting and a local practitioner (GP). This is a popular choice of care during pregnancy for healthy women with a normal pregnancy who choose the deliver their baby in a SA public hospital. Siobhan Lucas, the Antenatal Share Care Midwife Consultant is to help along the way and liaise with you, your family and your GP. For further information, please call Siobhan **ph. (08) 8182 9000**.

Child and Family Health (CaFHS): CaFHS provides free health checks for children at key developmental ages between birth and 6yrs. To make an appointment, please **call 1300 733 606**.

Northern Area Midwifery Group Practice: is a model of maternity care where women receive one to one care with a midwife for their pregnancy, labour, birth and postnatal care. For further information, please call Jo on **ph. (08) 8182 9000**.

Women's Information Service (WIS): to provide information and/or refer the right services to women who need support. For further information, please **call (08) 8303 0590** or **1800 188 158**.