

# First Aid Refresher

**When:** 23<sup>rd</sup> of November from 6:30pm - 8:30pm

**Where:** Keithcot Farm Children's Centre

**Cost:** FREE

Has it been some time since you have done first Aid?  
This course is a non-accredited first Aid refresher facilitated  
by Heather Palmer, from Palmers Education.

This session will cover the following:

Allergies  
Bandaging  
Bites  
Burns  
CPR  
Head injuries  
Rashes  
Respiratory management

This is a great opportunity for your parents to refresh their skills if they are  
looking after the little ones during the holidays.

**Bookings are essential** please contact KFCC on 8251 2700  
or email [Nathan.mcguinness3@sa.gov.au](mailto:Nathan.mcguinness3@sa.gov.au)



Keithcot Farm  
**Children's Centre**  
for Early Childhood  
Development and Parenting

