

Why are we doing this study?

We want to see how removing folic acid from multivitamins, affects blood levels of folic acid and folate in late pregnancy.

Many women chose to take a prenatal multivitamin, some of which contain folic acid (a manufactured form of folate).

Folic acid is not needed after the first 12 weeks of pregnancy.



How do I enrol in The Folic Acid Study?

If you would like to take part in this study, or would like some more information, please contact a member of our study team:

Call or text:
0436 925 869

P (08) 8128 4436
E folate@sahmri.com
W www.sahmri.org/women-and-kids

f facebook.com/sahmri
t twitter.com/sahmriAU
in linkedin.com/company/sahmri



This study has been approved by the Women's and Children's Health Network Human Research Ethics Committee.

The
FOLIC **ACID**
Study

Are you pregnant and taking a multivitamin?





What is involved?



We will give you **multivitamin capsules** to take throughout your pregnancy.



The **capsules** contain vitamins, minerals and either folic acid or no folic acid.



We will take a **small blood sample** when you start the study and also when you are 36 weeks pregnant.



We will **reimburse you \$25** for any visits to our research clinic.

Who can take part?

If you are between 12 and 16 weeks of pregnancy, currently taking a multivitamin that contains folic acid (and are planning to continue throughout pregnancy), you may be eligible to take part in this study.

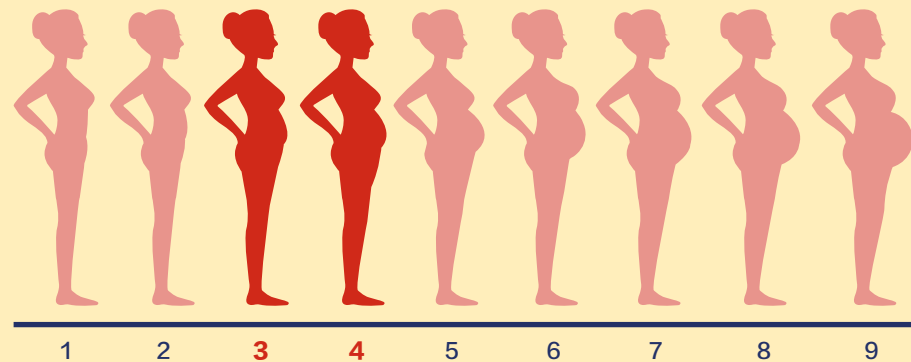
What are the benefits?

The multivitamins that we will provide to you are very similar to those you can buy from a pharmacy in Australia.

By being involved in this study, you will help us to better understand the effect of women taking folic acid beyond the first 12 weeks of pregnancy.

Pregnancy timeline

We are looking for women who are between 12 and 16 weeks pregnant



Pregnancy development in months