

Feedback and Comments

- An excellent and comprehensive approach to mental health conditions.
- Both speakers were excellent Highly recommended Never a dull moment.
- It was one of the most helpful and informative CPD events I have done in a long time, would highly recommend it to all my GP colleagues
- Excellent work, please let us know of similar workshops
- I would benefit by implementing knowledge from today & then repeating the course.
- Excellent course with fantastic delivery by Dr Sanil and Dr Khoo.
- Thank you for a well presented workshop. Valuable information that I will apply to my practice.
- High quality presentation, practical approach to address Mental Health, meditation approaches practical outlined and good access to after course material
- Overall a very productive day.
- Very good course. Would highly recommend it. Very informative regarding current practice.
- Dr Sanil Rege was very knowledgeable and his session was very informative & interactive.
- Both presenters extremely knowledgeable and engaging . Kept me interested for the whole day.
- Very practical teaching with regard to case presentations and examples of how to approach the management of psychiatric presentations with regard to drug treatments- Quite rare
- This training has given me a framework to assess mental health symptoms. I have never been given this kind of framework before. Often the actual diagnosis is unclear. This will change my practice and I feel really enthusiastic to be able to assist My patients in more powerful ways. Formative training. I'm grateful and excited. Thank-you 🙏
- Thank you for the good lecture. Opened my eyes, especially regarding depression and ADHD
- Excellent learning. Well organised GP-focused activity.
- Great presentation
- Very informative, current and relevant
- Dr Sanil is an expert and I admire his approach. I work in GP endocrinology and deal with PMDD and Menopausal depression.
- It helped me to fill the gaps in my knowledge.
- Very good speaker and expertise / wide experience to cases and what we as GP often meet at the practice too

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- Very interactive and informative. Highly recommended
- Very interactive and concise topics that cover all the important aspects of mental health in general practice.
- A thoroughly enjoyable and informative session!
- Very informative and good reference for mental health illness management
- This course was truly a Masterclass in every sense. Has opened a whole new perspective in assessing and treating psych patients. More sessions like this will be much appreciated!
- A good learning experience over all.
- Good and helpful presentation regarding common problems we see as GP.
- Both speakers were excellent Highly recommended Never a dull moment.
- It was an excellent workshop. Totally successful
- The speaker was excellent and the practical knowledge he has is great.
- I am a GP who specialises in mental health. I am a Clozapine prescriber with 20 patients. I have seen Dr Rege's Webinars and was so pleased to be able to attend a Masterclass with him in person. A colleague on the day, also a GP with Mental Health interests said that this was the best event she had attended - I wholeheartedly agree. As a result, I will be joining the Academy.
- Thank you for another awesome day of education. Thank you for sharing with us your time & your passion for teaching. :D
- Very engaging and knowledgeable speaker. A useful cognitive model for approaching assessment and treatment. Useful tips for referring to psychologists for the most appropriate therapy.
- Excellent. Very relevant to General practice
- Very important workshop sharing up-to-date and evidence-based management of mental health conditions.
- I found this masterclass so useful and the presenter was so knowledgeable.
- It gave me more ideas on how to better treat my patients
- I have attended a few of these masterclasses and the information is always extremely useful and interesting going beyond most mental health presentations and giving us new tools and more confidence to manage our more complex patients. Thank you both presenters and organisers for a really enjoyable and informative day.
- The Masterclass is filled with expert knowledge, psychopharmacology and excellent presentation of varying cases, which will help me to improve the management of patients with complex mental health problems. This interests me to further psych scene courses.

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- Excellent mental health conference
- I believe the venue and organisers were great. Speakers did a perfect job. Thank you.
- I have more confidence in prescribing medications and handling slightly more complex situations.
- Loved the content. Much improved understanding of the pharmacology of the different classes of antidepressants in particular.
- One of the best CPD activities.
- This helps me to improve, implement and formulate a strategy for complicated Mental health patients to manage their illness with single medication, augmented medications and non-medication therapies to improve their overall health in a General Practice setting.
- The presenters were top-notch. Especially Dr Rege.
- Very well-structured and informative.
- Great teaching. Useful approach.
- Very informative master class for mental health among GP which is the primary contact of most patients with mental health conditions.
- Highly recommend especially for GP registrars.
- Always a very informative and interactive activity.
- Presented cases were a very helpful guide in the management of common mental disorders
- Both presenters extremely knowledgeable and engaging. Kept me interested for the whole day.
- Engaged by both speakers. Excellent case discussions