

Intrauterine device

Insertion training

Provided by Dr Alison Clarke

MMBS, DRCOG (UK), Family Planning Certificate (AFFP), Menopause Certificate (Monash) and member of Australasian Menopause Association.

- Would you like to insert IUD's in your General Practice, or have you previously been trained but lost your confidence?
- I have been providing IUD training since 2020 after completing a RACGP accredited IUD Training course, and I have previously worked at SHineSA for 17 years providing training.
- I have worked in General Practice for 38 years and insert all types of IUDs in General Practice - about 40-50 a year. It is a very rewarding skill and provides a more comprehensive service to my patients in regards to contraceptive options and management of heavy menstrual bleeding and pelvic pain.
- The training includes an online course on LARCs and IUD insertion and a face to face teaching session with a group of other participants. You will be encouraged to recruit women from your practices who are keen on either a Copper or Hormonal IUD and I will provide supervised one on one training in your practice over 2 sessions, until you reach competence – which may be between 6-8 IUD insertions.
- I will run the 2.5-3 hour face to face teaching sessions either on a week night or a Saturday morning - at a time that suits the participants.
- CDP points can be earned for this training and potentially across all sectors Educational Activities, Reviewing Performance and Measuring Outcomes eg if you performed an audit of your cases and outcome.
- It is *preferred* applicants have: Considerable experience in women's health and gynaecology and have well-developed bimanual pelvic examination skills. Extensive experience in contraceptive counselling and have undertaken a Family Planning Australia Certificate or equivalent eg RANCOG diploma or certificate.

Cost will be \$ 2000 + GST divided into \$250 for the initial course and \$1750 for the training supervision in your practice.

If are interested please email your details and any questions to alicia@aapt.net.au

and I will forward an application form.