











Fact Sheet

Community Bereavement Support Groups in South Australia Following Stillbirth

Organisation	About	Services	Contact	Website
Immediate Support				
	<p>Red Tree Foundation provides free grief counselling and bereavement support for South Australian families impacted by stillbirth or the death of their baby or child. Part of sudden infant death syndrome association of SA.</p>	<ul style="list-style-type: none"> • Grief counselling (face-to-face/phone/telehealth) • Grief and loss education • Workplace support • Support groups • Community connections (memorial services, peer support) • Videos and Information sheets 	<p>08 8332 1066 (Monday-Friday 9:00 am – 4:00pm)</p>	<p>https://redtreefoundation.org.au</p>
	<p>Red Nose is an Australia wide organisation that provides bereavement support for anyone affected by miscarriage, stillbirth, death of a baby or child.</p>	<ul style="list-style-type: none"> • Immediate support (24/7 phone service) • Grief and loss peer counselling (phone/face-to-face/online) • Resource library and video stories • Support groups (face-to-face/online) • First-nations programs 	<p>1300 308 307 (24-hour service, 7 days a week)</p>	<p>www.rednosegriefandloss.org.au www.rednose.org.au/page/first-nations-resources</p>
	<p>Bears of Hope provide pregnancy and infant loss support for women and their families. Book sessions online or over the phone. <i>Note: no face-to-face counselling available in SA.</i></p>	<ul style="list-style-type: none"> • Counselling (phone/online only for SA) • Online Grief Wellness Group (Australia wide) • Resources for stillbirth and perinatal loss • Decision making resources • Support for families and friends • Honouring your baby – Bear of Hope • Help sheets and stories • Other languages service 	<p>1300 114 673 (24-hour service, 7 days a week)</p> <p>Email: support@bearsofhope.org.au</p>	<p>www.bearsofhope.org.au</p>
Memories of Your Baby				
	<p>Heartfelt is a volunteer organisation of professional photographers dedicated to giving the gift of photographic memories to families who have experienced stillbirth or have children with serious or life-threatening illness.</p>	<ul style="list-style-type: none"> • Free service • Individual or family portrait sessions for stillbirths, premature babies, sick babies in neonatal intensive care units, babies, and children up to 16 years of age with serious and terminal illness. • Visit across South Australia 	<p>1800 583 768 (24-hour service, 7 days a week)</p>	<p>https://heartfelt.org.au</p>
	<p>Angel Gowns is an Australian not-for profit charity that specialises in supplying angel gown garments to families that have experienced the loss of their baby.</p>	<ul style="list-style-type: none"> • Angel gown program • Tutu program 	<p>Email: enquiry@angelgownsaustralia.org.au</p>	<p>www.angelgownsaustralia.org.au</p>

Organisation	About	Services	Contact	Website
Other Services				
	The Compassionate Friends (SA) offer support for grieving families Australia wide.	<ul style="list-style-type: none"> • Peer counselling support (24hr/7days) • Annual events • Workshops • Support group meetings • Newsletters 	1300 064 068 (24-hour national helpline)	https://tcfa.org.au
	My Grief Assist provides a broad range of practical information on loss and grief for parents and families	<ul style="list-style-type: none"> • Grief and Loss education • Factsheets • Podcasts • Grief resources • Does not offer counselling 	Via contact form on website	www.mygriefassist.com.au
Advocacy and Research				
	Still Aware seeks to raise awareness about stillbirth through community awareness and fundraising to support prevention research.	<ul style="list-style-type: none"> • Stillbirth resources • Links to national and international research to prevent stillbirth • Does not offer counselling 	08 8300 0980 Email: contact@stillaware.org	https://stillaware.org
	The Stillbirth Foundation was established in 2005 to raise funds to reduce the incidence and impact of stillbirth through research, education, and advocacy.	<ul style="list-style-type: none"> • Various written and online resources for grieving parents and families including postnatal care • Understanding Stillbirth • Stillbirth stories • Research and advocacy 	Email: office@stillbirthfoundation.org.au	https://stillbirthfoundation.org.au
	The Centre of Research and Excellence in Stillbirth (Stillbirth CRE) was established to address stillbirth in Australia through a national program of research and implementation. Has several useful resources for parents.	<ul style="list-style-type: none"> • Links to wide range of support services Australia wide • Safer Baby Bundle • Care after loss resources 	Email: stillbirthcre@mater.uq.edu.au	https://stillbirthcre.org.au

For more information

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