

# GP ADHD Shared Care Program:

A Child & Adolescent Mental Health Services (CAMHS) initiative in partnership with GPEX Shared Care (previously GP Partners Australia)

## FREQUENTLY ASKED QUESTIONS v6, October 2024

Disclaimer: The information provided here should not be used as a substitute for the medical care and advice of your Doctor. There may be variations in treatment that your Doctor may recommend based on individual facts and circumstances. Current as at 22 October 2024.

### Who is eligible for the GP ADHD Shared Care Program?

This program is open to public patients of South Australian Local Health Networks, aged 16 years and over, who are not already under the care of a CAMHS Psychiatrist and whose medication has reached a stable long-term dose.

### How do I access ADHD medical care for my child if they are not eligible for the ADHD GP Shared Care Program?

ADHD in South Australia is diagnosed and managed by Specialist Paediatricians or Child Psychiatrists. Please consult your General Practitioner (GP) to arrange a referral to a Specialist for assessment and treatment. Long-term management will involve collaboration between the specialist and your child's GP.

### As an adult with ADHD, how do I access ADHD health care if I'm not eligible for the ADHD GP Shared Care Program?

Your GP can provide ADHD care in South Australia. If you need diagnosis or ongoing medication, consult your GP for a referral to an Adult Psychiatrist for assessment and management.

### Can my private specialist refer me to the ADHD Shared Care program?

Currently, private patients are not eligible for this program. However, private patients can access ongoing care with their specialist in collaboration with their regular GP.

### What if my child's regular GP can't provide ADHD Shared Care?

Eligible patients can request information to access an alternative ADHD Shared Care provider through GPEX Shared Care. Contact GPEX Shared Care for assistance in finding a suitable provider. Contact details are on the website here: <https://gpex.com.au/for-health-professionals/gp-shared-care/gp-adhd-shared-care/> or scan the QR code here.



GP ADHD SHARED CARE



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## FREQUENTLY ASKED QUESTIONS v5, April 2024

### How long will it take to hear back after my child has been referred to the ADHD Shared Care program?

The program aims to offer a Transition Psychiatry visit before the child turns 18. Return the consent form to GP Partners Australia promptly. Contact your child's GP if you have concerns about their health.

### Does the ADHD Shared Care Program provide diagnostic assessments?

No, this program is for patients with established ADHD diagnosis to assist in transition from paediatric services. Diagnostic assessments are available through specialists for patients aged 17 and under, or with an adult psychiatrist for patients aged 18 and older.

### How do I access ADHD care and prescriptions in South Australia if I've moved from another state?

Access ADHD care by consulting a specialist in South Australia. Provide your SA GP with any previous assessment letters. For medication, discuss options with your GP and specialist.

### Can my medication be electronically prescribed?

Yes, ADHD stimulant medication can be provided with an e-script (electronic script).

### What do I need to know about carrying my medication?

In Australia, you can carry your medication if safely stored. However, laws vary in other countries, so check before travelling overseas.

### Can any pharmacy fill a prescription for psychostimulant medication?

Any pharmacy can fill your prescription, but restrictions may apply based on Section 18A authorities. Your prescribing doctor will provide details.



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### For more information

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