

# GP ADHD Shared Care Program:

A Child & Adolescent Mental Health Services (CAMHS) initiative in partnership with GPEX Shared Care (previously GP Partners Australia)

## GENERAL PRACTITIONER CHECKLIST

### Important Note:

There is no obligation for the regular GP to provide ADHD Shared Care. There are 2 pathways available to the patient provided below, depending on whether the regular GP determines it *is/is not suitable* for them to provide ADHD Shared Care.

Visit/Stage	General Practitioner (+/- alternative ADHD Shared Care GP)
<b>Transition Planning Visit: Paediatrician</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Receives letter from Paediatrician (c.c. Transition Psychiatrist) including               <ul style="list-style-type: none"> <li>○ Recommendation for the patient to book an appointment with their regular GP to discuss the option of ADHD shared care.</li> <li>○ Explicit support for the future option of the patient's GP to consider a Shared Care arrangement and applying to take over the long-term Schedule 8 medication prescribing for the patient*</li> </ul> </li> <li><input type="checkbox"/> Recalls patient to discuss (optional)</li> </ul>
<b>Transition Planning Visit 2: General Practitioner</b>	Patient and their regular GP discuss program and GP determines if it is suitable for them provide ADHD shared care and drugs of dependence prescribing.
	<p>GP determines it <b><i>is NOT suitable</i></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> The regular GP writes an update letter to the Paediatrician regarding this outcome.</li> <li><input type="checkbox"/> If the patient <b><i>DOES wish</i></b> to seek referral to another ADHD Shared Care GP, the patient completes the consent form and sends to the ADHD Shared Care Manager requesting an alternative GP ADHD Shared Care Provider.</li> <li><input type="checkbox"/> If the patient <b><i>DOES NOT wish</i></b> to see another GP, the Paediatrician and the regular GP shall continue to support the transition to adult psychiatrist care under the current systems available in South Australia.</li> </ul>
	<p>GP determines it <b><i>is suitable</i></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> The patient completes the consent form and sends to the GP ADHD Shared Care Manager, independently or with the GP's assistance.</li> <li><input type="checkbox"/> The GP provides an update letter to the Paediatrician informing them they are happy provide the ADHD shared care and any Drugs of Dependence (DD) prescribing.</li> <li><input type="checkbox"/> The GP reinforces with the patient the expectation that the GP will become the <b>ONLY S8</b> medication prescriber once the DDU Authority is granted.</li> <li><input type="checkbox"/> The GP and Patient arrange for the patient's first ADHD Shared care visit in a mutually convenient time-frame.</li> </ul>



# GP ADHD Shared Care Program:

A Child & Adolescent Mental Health Services (CAMHS) initiative in partnership with GPEX Shared Care (previously GP Partners Australia)

## GENERAL PRACTITIONER CHECKLIST

<b>Between Visit Co-ordination:</b>	Regular GP (plus ADHD Shared Care GP if different) receives from the ADHD Shared Care Manager: <ul style="list-style-type: none"> <li><input type="checkbox"/> Copy of letter acknowledging receipt of patient consent form</li> <li><input type="checkbox"/> Copy of completed patient consent</li> </ul>
<b>First GP ADHD Shared Care visit.</b>	ADHD Shared Care GP: <ul style="list-style-type: none"> <li><input type="checkbox"/> discusses program with patient as indicated.</li> <li><input type="checkbox"/> Provides patient with a copy of the ADHD personal health record (Digital version TBA) if not already given.</li> <li><input type="checkbox"/> Provides Financial Consent to the patient (i.e. Out of Pocket costs) if not already provided.</li> <li><input type="checkbox"/> Recommended medical care provided</li> <li><input type="checkbox"/> Apply to Drugs of Dependence Unit to be the patient's single provider of Schedule 8 medication. The support letter from Paediatrician can be attached. Form link: <a href="https://sahealth.sa.gov.au/S18A+non-MATOD+Authority+Application+Form.pdf">S18A+non-MATOD+Authority+Application+Form.pdf (sahealth.sa.gov.au)</a></li> <li><input type="checkbox"/> Offer next appointment per current specialist Paediatrician recommendations.</li> <li><input type="checkbox"/> Write update letter to Paediatrician advising they have accepted role of Shared Care GP (c.c psychiatrist, GP ADHD Shared Care Manager, regular GP if different)</li> </ul>
<b>Second GP ADHD Shared Care visit</b>	ADHD Shared Care GP: <ul style="list-style-type: none"> <li><input type="checkbox"/> Provides recommended medical care</li> <li><input type="checkbox"/> Completes referral*to Transition Psychiatrist named in initial Paediatrician letter of recommendation, re-stating Paediatrician recommendations for shared care and/or attach Paediatrician letter (c.c. Paediatrician) AND that GP has applied for Authority to Prescribe and is seeking overarching specialist Psychiatry review per Drugs of Dependence Unit requirements (<b><i>This letter formalises the therapeutic agreement with the treating psychiatrist.</i></b>)</li> <li><input type="checkbox"/> Offer next appointment per current specialist Paediatrician recommendations.</li> </ul>

Continued...

### For more information

Child & Adolescent Mental Health Services (CAMHS)  
 Women's and Children's Health Network  
 55 King William Road, North Adelaide, SA  
 T: 08 8161 7198, E: CAMHSResources@sa.gov.au



www.ausgoal.gov.au/  
 creative-commons



Government of South Australia

Women's and Children's  
 Health Network

# GP ADHD Shared Care Program:

A Child & Adolescent Mental Health Services (CAMHS) initiative in partnership with GPEX Shared Care (previously GP Partners Australia)

## GENERAL PRACTITIONER CHECKLIST

<b>Subsequent ADHD Shared Care GP visits:</b>	ADHD Shared Care GP: <ul style="list-style-type: none"> <li><input type="checkbox"/> Recommended medical care provided per specialist recommendations</li> <li><input type="checkbox"/> Once Authority to Prescribe has been provided to the GP, provide regular maintenance Schedule 8 medication prescriptions.</li> <li><input type="checkbox"/> Important Note: The GP may be required to reduce dosages due to medical concerns, e.g. mood symptoms, dry mouth etc, but increased doses beyond the initial specialist prescribed dose <b>will not</b> be instituted by the GP.</li> <li><input type="checkbox"/> Provide referral letters to treating specialists, including update letters, as medically indicated.</li> <li><input type="checkbox"/> Offer next appointment per specialist recommendations</li> </ul>
<b>First Transition Psychiatrist Visit:</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Receives letter from Psychiatrist per DDU requirements* providing assessment &amp; recommendations for ongoing care, recommended specialist review interval included as a condition of the DDU GP Authority (cc. Paediatrician to formalise handover of care)</li> </ul>

\*The patient's GP is required to have written specialist advice, stored in the patient's clinical record, to commence and/or continue to provide Schedule 8 medication prescriptions under DDU legislation - [Prescribing drugs of dependence | SA Health](#). The patient's GP can attach the above letter to their future application forms - [S18A+non-MATOD+Authority+Application+Form.pdf \(sahealth.sa.gov.au\)](#)

### Appendix:

Referral Information per [Note GN.6.16 | Medicare Benefits Schedule \(health.gov.au\)](#)

1. Referral letters expire as follows:
  - i. Paediatrician to psychiatrist: **3 months from date of first appointment with Psychiatrist**, NOT 3 months from date written.
  - ii. GP to psychiatrist: For all referrals, unless stated indefinite, **12 months from date of first appointment with Psychiatrist**, NOT 12 months from date written.
2. The named referral can be used for another psychiatrist of a different name e.g. a psychiatrist colleague acting as locum for the treating psychiatrist or a psychiatrist at the same or different address (see attached MBS referrals fact sheet)
3. The Shared Care GP will remain flexible and can re-refer closer to the date of the first appointment with the Psychiatrist.
4. The Psychiatrists routine administration practices for repeat referral requests will apply
5. The Psychiatrists administration staff **will notify the patient** to book an appointment with the Shared care GP to do a new referral letter if this is required.

### Resources:

[Fact+Sheet+Circ+CS+Medical+Practitioners+Obligations+201806.pdf \(sahealth.sa.gov.au\)](#)

[Prescribing drugs of dependence | SA Health](#)



<https://creativecommons.org/licenses>

© Department for Health and Wellbeing, Government of South Australia. All rights reserved.

If the collaborator wishes to reproduce documents or submit a publication this shall be subject to the WCHN's prior written consent. In addition, if used in a publication or training WCHN is to be acknowledged.

### For more information

Child & Adolescent Mental Health Services (CAMHS)  
 Women's and Children's Health Network  
 55 King William Road, North Adelaide, SA  
 T: 08 8161 7198, E: CAMHSResources@sa.gov.au



[www.ausgoal.gov.au/](http://www.ausgoal.gov.au/)  
[creativecommons](https://creativecommons.org/licenses)



Government of South Australia

Women's and Children's  
 Health Network